

## **A Praying Life Session 2 Homework:**

Read Chapters 3-5

Memorize Matthew 11:28-29

List out 2-3 highlights from your reading

## **Group Study Guide:**

Read Mark 2:13-17. What kind of people come to Jesus? What kind of person must Jesus have been to have been liked by sinners and tax collectors?

Jesus talks about being like a child, take a moment and think of a child you know. What do they ask for, how often and in what way?

Paul Miller lists out various characteristics of children and how they may relate to prayer. What were those characteristics? Be honest, does the idea of coming to God like a child bother you?

One of the things Miller wanted to emphasize was bringing the real you to God in prayer. He focused on the critique Jesus had for the pharisees that they were hypocrites. What would your prayers look like if you felt like you had to put a spiritual mask on to pray?

Read Matthew 7:7-11 What is this passage encouraging us to believe about God as our Father?

Paul Miller offered 7 tips for developing a regular morning prayer time (listed below). A morning prayer time is not a “must” in scripture, but is a wise idea and is a great place to start developing a praying life. What are the barriers you experience with setting aside time to pray in the morning? Which of these do you think you should apply to your life?

### *7 steps to spending time with God in the morning:*

- Go to bed. What you do in the evening has an impact on what you do in the morning.
- Get up. It transitions you to a different time other than sleep and you’ll be less tempted to hit snooze or go back to sleep.
- Get awake. Coffee or a shower first isn’t less spiritual.
- Get to a quiet place. It is ok to have a routine or location you set up for a normal prayer time.
- Get comfortable. You do not have to have a certain posture to pray.
- Get going. Start small, and allow time to expand as you get more comfortable with a regular prayer time.
- Keep going. Consistency is more important than the length of time spent in prayer.